

**The hard and beautiful work  
of relationships in Jesus Christ**  
**Class 3: The often hidden and yet the most significant dynamic  
in relationships: Ourselves!**

- Course Outline:
  - March 22: Why are relationships so important?
  - March 29: Perennial dynamics that trip us up.
  - Tonight: The usually hidden, yet most significant dynamic in relationships.
  - April 12: Things we can do to help build good relationships in Jesus Christ.
- Father Brian. Introductory remarks.
- Beth.
  1. Let people be who they are. John 13:34.
  
  2. Set healthy boundaries.
  
  3. Take complete and full responsibility for our own thoughts and feelings.
- Father Brian. A concluding example.

Questions for discussion:

- What did you think of tonight's presentation?
  - Was there something that brought clarity for you?
  - Was there something that challenged you?
  - Was there something with which you disagreed?
- Have you seen examples from your own life – good or bad – of the things that were presented tonight? What are they?
- What are the challenges for you learning to live each of the main points made?
  - Letting people be who they are?
  - Setting healthy boundaries?
  - Taking complete and full responsibility for your own thoughts and feelings?
- Are there any changes you'd like to make for yourself based on what you heard tonight?